

## VRC Themes

- VRC 1, 1983, Nashville, Living Through Giving
- VRC 2, 1984, Knoxville, Seeing Clearly, Giving Freely
- VRC 3, 1985, Memphis, Giving by the River, Gratitude in Action
- VRC 4, 1986, Nashville, Together Again-the Tradition Continues
- VRC 5, 1987, Knoxville, Living thru Giving, the Volunteer Tradition
- VRC 6, 1988, Johnson City, Caring thru Sharing, the Volunteer Tradition Continues
- VRC 7, 1989, Memphis, Carry the Message, Continue the Tradition
- VRC 8, 1990, Nashville, Travel the road to recovery... encounter the miracles at work
- VRC 9, 1991, Gatlinburg, A Healing Journey in Tennessee
- VRC 10, 1992, Memphis, One Promise... Freedom
- VRC 11, 1993, Nashville, At the End of the Road
- VRC 12, 1994, Knoxville, A Celebration of Recovery in the Volunteer Spirit
- VRC 13, 1995, Memphis, Lost Dreams Awaken, New Possibilities Arise
- VRC 14, 1996, Nashville, On the Journey
- VRC 15, 1997, Knoxville, Face Your Fears, Live Your Dreams
- VRC 16, 1998, Memphis, Gratitude for the Gift
- VRC 17, 1999, Nashville, Tune into the Miracle
- VRC 18, 2000, Knoxville, Dawn of a New Millennium
- VRC 19, 2001, Memphis, Vision of Hope
- VRC 20, 2002, Nashville, Without Parallel
- VRC 21, 2003, Gatlinburg, Mountains Full of Miracles
- VRC 22, 2004, Chattanooga, The Greater the Base, the Higher the Point of Freedom
- VRC 23, 2005, Memphis, Recovering on the River
- VRC 24, 2006, Nashville, Sowing the Seeds of Recovery
- VRC 25, 2007, Knoxville, Celebrating 25 Years of a Continuing Chain of Recovery
- VRC 26, 2008, Chattanooga, Circle of Recovery
- VRC 27, 2009, Memphis, The Ties that Bind us Together
- VRC 28, 2010, Nashville, The Promise is Freedom
- VRC 29, 2011, Knoxville, Attitude of Gratitude
- VRC 30, 2012, Chattanooga, New Vision, New Life
- VRC 31, 2013, Memphis, The Basics Don't Change
- VRC 32, 2014, Nashville, Serenity in Music City
- VRC 33, 2015, Pigeon Forge, Celebrate Change
- VRC 34, 2016, Chattanooga, Unity in Diversity
- VRC 35, 2017, Memphis, Recovery Rocks
- VRC 36, 2018, Nashville, Carrying the Message
- VRC 37, 2019, Chattanooga, Labor of Love
- VRC 38, 2020, Knoxville, Changing our Perspective (Zoom)
- VRC 39, 2021, Memphis, Recovery is a Full-Contact, Lifelong Process
- VRC 40, 2022, Murfreesboro, Limitless Horizons
- VRC 41, 2023, Chattanooga, Hear Our Voices
- VRC 42, 2024, Knoxville, Everything Is Subject to Revision
- VRC 43, 2025, Memphis, Love and Gratitude in Action